



# Lido Market

## good evening



### BREAD BOARD

#### deli sandwiches

HAM, TURKEY, TUNA SALAD, EGG SALAD  
CARIBBEAN ROASTED PORK SANDWICH

#### sides

BAY SHRIMP COCKTAIL  
CHEESE BOARD  
ANTIPASTO  
SELECTION OF FRESH FRUITS

6 kind of hot sauce, salsas, jalapeno corn bread, fried plantains,  
Yaniqueque (fried Dominican bread)

### WILD HARVEST

#### signature salads

CHOP CHOP  
mixed greens, turkey, ranch dressing, BBQ Sauce  
  
CHICKEN CAESAR  
romaine, chicken, Parmesan cheese  
  
COBB  
romaine, frisée, diced chicken, ham, egg, blue cheese dressing  
  
ASIAN \*  
seared tuna, mixed greens, spinach, sesame dressing, rice noodles

### DISTANT LANDS ITALIAN

#### vegan choice



#### salads

ROMANESCO, GOLDEN RAISIN AND CHICKPEA SALAD  
BABY BEET, ORANGE, PISTACHIO AND BASIL SALAD  
ANTIPASTO SALAD  
VEGAN CHICKEN GRITTS  
PAELLA VERDURA  
SWEET POTATO CAKE  
TOFU AND TEMPHE MASALA

#### pastas

GEMELLI WITH BACON AND FONTINA  
BAKED RIGATONI WITH TOMATO, BASIL, MOZZARELLA  
VEGETABLE LASAGNA

#### create your own

LINGUINI, PENNE  
marinara, Bolognese, alfredo

#### Asian Corner

CHINESE FRIED RICE  
STEAMED RICE  
BEEF BULGOGI  
CHICKEN KUNG PAO

### HOMESTEAD

#### mains

CHIRON BETA PRIME (ROASTED SPICE CRUSTED PRIME RIB \*)  
CHILE RUBBED BUTTERNUT SQUASH STEAKS   
BLACKENED MAHI-MAHI \*  
VEGETABLE TEMPURA UDON   
WHOLE ROASTED CHICKEN  
GRILLED PORK CHOP  
ROASTED ZUCCHINI BISQUE

#### sides

MASHED POTATOES  
FRENCH FRIES  
JASMINE RICE  
BROCCOLI FLORETS  
SAUTEED CABBAGE

### SWEET SPOT

#### desserts

RICOTTA RASPBERRY TART  
CHOCOLATE PUFF PASTRY CRAQUELIN  
CHOCOLATE MINI GATEAU   
HAZELNUT MOUSSE CAKE NO SUGAR ADDED  
SELECTION OF ICE CREAMS  
CREPES MADE TO ORDER



vegetarian



gluten free



non-dairy



no sugar added

If you have a food allergy or intolerance, please inform your server before placing your order.

\*Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.